

Notification Date: December 2, 2025 Effective Date: January 6, 2026

Dihydropyrimidine Dehydrogenase, *DPYD* Full Gene Sequencing, Varies

Test ID: DPYDZ

Explanation: On the effective date, skin biopsy, cord blood, cultured fibroblasts, tissue biopsy, blood spot and extracted DNA will be acceptable specimen types. Algorithm and reflex testing for skin biopsy and cultured fibroblast specimens are also being added. The methodology and reference values will be updated.

Current Testing Algorithm			
None			

New Testing Algorithm

For skin biopsy or cultured fibroblast specimens, fibroblast culture will be performed at an additional charge.

Current Reflex Tests
None

New Reflex Tests				
Test ID	Reporting Name	Available Separately	Always Performed	
CULFB	Fibroblast Culture for Genetic Test	Yes	No	

Current Method

Polymerase Chain Reaction (PCR) followed by DNA Sequence Analysis

New Method

Sequence Capture and Targeted Next-Generation Sequencing (NGS) followed by Polymerase Chain Reaction (PCR) and Sanger Sequencing

Current Reference Value

DPYD Total Activity Score: 2

DPYD Phenotype: Normal metabolizer

An interpretive report will be provided.

New Reference Value

An interpretive report will be provided

Current Ordering Guidance

This test and DPYDQ / Dihydropyrimidine Dehydrogenase Genotype, Varies are both used to test for genetic variants in the DPYD gene that are associated with fluoropyrimidine toxicity. This test can detect rare variants in addition to common variants and is the appropriate test for diagnosis of dihydropyrimidine dehydrogenase deficiency. Additionally, this test is expected to have an overall higher detection rate than DPYDQ, particularly for individuals of non-European ancestry.

New Ordering Guidance

This test and DPYDQ / Dihydropyrimidine Dehydrogenase Genotype, Varies both test for genetic variants in the DPYD gene. DPYDQ test is a targeted genotyping with a faster turnaround time and detects the common variants associated with fluoropyrimidine toxicity. DPYDZ test detects rare variants in addition to the common variants and has a higher detection rate than DPYDQ test. particularly for individuals of non-European ancestry. DPYDZ test is the most appropriate test for diagnosis of dihydropyrimidine dehydrogenase deficiency. DPYDZ test may detect and report variants of uncertain significance.

Because germline DNA results are not expected to change over time, it is generally not recommended to repeat this test. If full gene sequencing of the DPYD gene has been previously performed, this test may assist with identification of copy number variants in the DPYD gene associated with sensitivity to fluoropyrimidine medications and dihydropyrimidine dehydrogenase deficiency.

To obtain more information about these testing options, call 800-533-1710.

Current Specimen Required

Submit only 1 of the following specimens:

Specimen Type: Whole blood

Container/Tube: Lavender top (EDTA)

Specimen Volume: 3 mL **Collection Instructions:**

- 1. Invert several times to mix blood.
- 2. Send whole blood specimen in original tube. **Do**

not aliquot.

Specimen Stability Information: Ambient (preferred) 9 days/Refrigerated 30 days Additional Information: To ensure minimum volume and concentration of DNA is met, the preferred volume of blood must be submitted. Testing may be canceled if DNA requirements are inadequate.

Specimen Type: Saliva

Patient Preparation: Patient should not eat, drink, smoke, or chew gum 30 minutes prior to

collection.

Supplies: Saliva Swab Collection Kit (T786)

Specimen Volume: 1 Swab

Collection Instructions: Collect and send

specimen per kit instructions.

New Specimen Required

Patient Preparation: A previous hematopoietic stem cell transplant or a liver transplant from an allogenic donor will interfere with testing. For information about testing patients who have received a hematopoietic stem cell or liver transplant, call 800-533-1710.

Submit only 1 of the following specimens:

Specimen Type: Whole blood

Container/Tube:

Preferred: Lavender top (EDTA) or yellow top

Acceptable: Gray top (sodium fluoride/potassium

oxalate)

Specimen Volume: 3 mL **Collection Instructions:**

- 1. Invert several times to mix blood.
- 2. Send whole blood specimen in original tube. **Do** not aliquot.
- 3. Whole blood collected postnatal from an umbilical cord is also acceptable. See Additional Information

Specimen Stability Information: Ambient 4 days (preferred)/Refrigerated 4 days/Frozen 4 days

Specimen Stability Information: Ambient 30

days

Additional Information: Due to lower quantity/quality of DNA yielded from saliva, some aspects of the test may not perform as well as DNA extracted from a whole blood sample. When applicable, specific gene regions that were unable to be interrogated will be noted in the report. Alternatively, additional specimen may be required to complete testing.

Additional Information:

- 1. Specimens are preferred to be received within 4 days of collection. Extraction will be attempted for specimens received after 4 days, and DNA yield will be evaluated to determine if testing may proceed.
- 2. To ensure minimum volume and concentration of DNA are met, the requested volume must be submitted. Testing may be canceled if DNA requirements are inadequate.
- 3. For postnatal umbilical cord whole blood specimens, maternal cell contamination studies are recommended to ensure test results reflect that of the patient tested. A maternal blood specimen is required to complete maternal cell contamination studies. Order MATCC / Maternal Cell Contamination, Molecular Analysis, Varies on both the cord blood and maternal blood specimens under separate order numbers.

Specimen Type: Saliva

Patient Preparation: Patient should not eat, drink, smoke, or chew gum 30 minutes prior to collection. Supplies:

DNA Saliva Kit High Yield (T1007) Saliva Swab Collection Kit (T786)

Container/Tube:

Preferred: High-yield DNA saliva kit

Acceptable: Saliva swab

Specimen Volume: 1 Tube if using T1007 or 2

swabs if using T786

Collection Instructions: Collect and send

specimen per kit instructions.

Specimen Stability Information: Ambient (preferred) 30 days/Refrigerated 30 days Additional Information: Saliva specimens are acceptable but not recommended. Due to lower quantity/quality of DNA yielded from saliva, some aspects of the test may not perform as well as DNA extracted from a whole blood sample. When applicable, specific gene regions that were unable to be interrogated will be noted in the report. Alternatively, additional specimen may be required to complete testing.

Specimen Type: Skin biopsy

Supplies: Fibroblast Biopsy Transport Media

(T115)

Container/Tube: Sterile container with any standard cell culture media (eg, minimal essential media, RPMI 1640). The solution should be supplemented with 1% penicillin and streptomycin.

Specimen Volume: 4-mm Punch

Specimen Stability Information: Ambient (preferred) <24 hours/Refrigerated <24 hours

Additional Information:

1. Specimens are preferred to be received within 24 hours of collection. Culture and extraction will be attempted for specimens received after 24

hours and will be evaluated to determine if testing may proceed.

2. A separate culture charge will be assessed under CULFB / Fibroblast Culture for Biochemical or Molecular Testing. An additional 3 to 4 weeks are required to culture fibroblasts before genetic testing can occur.

Specimen Type: Cultured fibroblasts

Source: Skin or tissue Container/Tube: T-25 flask Specimen Volume: 2 Flasks

Collection Instructions: Submit confluent cultured fibroblast cells from a skin biopsy. Cultured cells from a prenatal specimen will not be accepted.

Specimen Stability Information: Ambient (preferred) <24 hours/Refrigerated <24 hours

Additional Information:

- 1. Specimens are preferred to be received within 24 hours of collection. Culture and extraction will be attempted for specimens received after 24 hours and will be evaluated to determine if testing may proceed.
- 2. A separate culture charge will be assessed under CULFB / Fibroblast Culture for Biochemical or Molecular Testing. An additional 3 to 4 weeks are required to culture fibroblasts before genetic testing can occur.

Specimen Type: Tissue biopsy **Supplies**: Hank's Solution (T132)

Container/Tube: Sterile container with sterile Hank's balanced salt solution, Ringer's solution, or normal saline

Specimen Volume: 0.5 to 3 cm(3) or larger **Specimen Stability Information**: Ambient (preferred) <24 hours/Refrigerated <24 hours

Additional Information:

- 1. Specimens are preferred to be received within 24 hours of collection. Culture and extraction will be attempted for specimens received after 24 hours and will be evaluated to determine if testing may proceed.
- 2. A separate culture charge will be assessed under CULFB / Fibroblast Culture for Biochemical or Molecular Testing. An additional 3 to 4 weeks are required to culture fibroblasts before genetic testing can occur.

Specimen Type: Blood spot

Supplies: Card-Blood Spot Collection (Filter

Paper) (T493) Container/Tube:

Preferred: Collection card (Whatman Protein

Saver 903 Paper)

Acceptable: PerkinElmer 226 filter paper or blood

spot collection card

Specimen Volume: 2 to 5 Blood spots

Collection Instructions:

- 1. An alternative blood collection option for a patient older than 1 year is a fingerstick. For detailed instructions, see How to Collect a Dried Blood Spot Samples.
- 2. Let blood dry on the filter paper at ambient temperature in a horizontal position for a minimum of 3 hours.
- 3. Do not expose specimen to heat or direct sunlight.
- 4. Do not stack wet specimens.
- 5. Keep specimen dry.

Specimen Stability Information: Ambient (preferred)/Refrigerated

Additional Information:

- 1. Blood spot specimens are acceptable but not recommended. Due to lower quantity/quality of DNA yielded from blood spots, some aspects of the test may not perform as well as DNA extracted from a whole blood sample. When applicable, specific gene regions that were unable to be interrogated will be noted in the report. Alternatively, additional specimen may be required to complete testing.
- 2. Due to lower concentration of DNA yielded from blood spot, it is possible that additional specimen may be required to complete testing.
- 3. For collection instructions, see <u>Blood Spot</u> Collection Instructions
- 4. For collection instructions in Spanish, see <u>Blood Spot Collection Card-Spanish Instructions</u> (T777)
 5. For collection instructions in Chinese, see <u>Blood Spot Collection Card-Chinese Instructions</u> (T800)

Specimen Type: Extracted DNA

Container/Tube:

report.

Preferred: Screw Cap Micro Tube, 2mL with

skirted conical base

Acceptable: Matrix tube, 1 mL Collection Instructions:

- 1. The preferred volume is at least 100 mcL at a concentration of 75 ng/mcL.
- 2. Include concentration and volume on tube.

Specimen Stability Information: Frozen (preferred) 1 year/Ambient/Refrigerated Additional Information: DNA must be extracted in a CLIA-certified laboratory or equivalent and must be extracted from a specimen type listed as acceptable for this test (including applicable anticoagulants). Our laboratory has experience with Chemagic, Puregene, Autopure, MagnaPure, and EZ1 extraction platforms and cannot guarantee that all extraction methods are compatible with this test. If testing fails, one repeat will be attempted, and if unsuccessful, the test will be reported as failed and a charge will be applied. If applicable, specific gene regions that were unable to be

interrogated due to DNA quality will be noted in the

Current Specimen Retention

Whole blood/Saliva: 2 weeks; Extracted DNA: 3 months

New Specimen Retention

Whole blood: 28 days (if available); Saliva: 30 days (if available); Extracted DNA: 3 months; Blood Spots: 1 year (if available)

Current Days Performed

Monday through Friday

New Days Performed

Varies

Current Report Available

5 to 10 days

New Report Available

6 to 10 days

Questions